

# Same Day Access

Youth Mental Health Services at



Mental health is an integral component of health and well-being. Here at Syntero, we are committed to providing high quality mental health care to youth and their families. Thank you for choosing us for your family's care needs!

## What should I do in an emergency?

*If immediate safety is not an issue, Same Day Access is a great resource to help stabilize a crisis.*

*If your child is experiencing a crisis that threatens the immediate safety of themselves and/or others, please call 988 or visit your nearest emergency room.*

## HOW IT WORKS

Come on in any time during our walk-in hours to meet with our next available clinician. To obtain our current hours and locations, please scan the QR code below, visit <https://bit.ly/SynteroSDAhours>, or call 740-428-0428.



## WHAT TO EXPECT

You and your child (aged 3-18) will meet with our Same Day Access team to get immediate support and resources. Our team specializes in working with children and their families. We use a variety of creative approaches to help meet your needs.

At the conclusion of your meeting, you will leave with a scheduled follow-up meeting with our SDA team, as well as a packet of resources and tools that you can use right away.

To help us connect you with ongoing support, please bring your state ID and your child's medical insurance card, if available.

## Questions?

Contact the Same Day Access Program Coordinator at [sameday@syntero.org](mailto:sameday@syntero.org) or call 740.428.0428



**Delaware-Morrow**  
Mental Health & Recovery Services Board  
*Health. Healing. Hope.*

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