



Syntero, Inc. is a nonprofit organization that advocates and supports the health and well-being of individuals, families, and communities by providing professional, compassionate expert counseling and community-based services that adapt to the changing needs of the community.

## **Syntero Programs for Youth**

# Outpatient Mental Health & Substance Use Disorder Counseling

Syntero provides evidence-based, traumainformed treatment and counseling services for children, adolescents, and families. Syntero's specialized staff of master's level clinicians are trained in a variety of treatment modalities that help youth deal with trauma, grief, substance use, and other difficult behavioral health issues.

#### Child & Family Services

The goal of Syntero's Child & Family Services
Program is to provide valuable support to schoolaged children and adolescents exhibiting
behaviors that indicate a need for therapeutic
interventions and prevention services. A team of
specialized therapists and school-based outreach
clinicians provide treatment and prevention
programming as well as special educational
seminars for parents.

#### **School-Based Prevention Services**

Syntero's specialized school-based team of clinicians works with school-aged children and adolescents in Franklin, Delaware, and Morrow Counties providing services designed to strengthen resiliency and coping skills, decrease disruptive behaviors, provide prevention and support for at-risk students, and increase classroom success.

### **Case Management Services**

Syntero offers community-based case management services for children and adolescents that are adapted to the individual needs of the client. These services are for Franklin, Delaware and Morrow County residents who are Medicaid eligible or uninsured. The goal of Syntero's case management services is to help individuals reduce the barriers that prevent them from reaching self-sufficiency.



## Intensive Outpatient Program (IOP) for Mental Health and Substance Use Disorder

Syntero offers an intensive outpatient program for adolescents who are struggling with addiction and behavioral issues. The program is evidence-based, trauma-responsive, and proven effective in maintaining long-term sobriety. Most private insurance, Medicaid, EAPs, and private pay are accepted.

#### Therapeutic & Support Groups

Syntero offers a variety of trauma-informed group programs at each of its locations that augment individual treatment. Groups are formed to help deal with mental health and alcohol, or other drug issues in response to the needs of clients and the community. Licensed professionals facilitate an array of group offerings designed to provide emotional support and education and help members develop new and stronger coping skills.

### **Outpatient Psychiatric Services**

Syntero utilizes the expertise of licensed psychiatrists and psychiatric mental health nurse practitioners to provide medication management for clients. This service addresses the psychiatric needs of the client and evaluates their medication needs. Medication services are in response to specific symptoms with the goal of improved functioning for the client. Syntero also partners with Genoa Healthcare to offer a full-service pharmacy at its Dublin office that is open to the community.











Syntero is nationally accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF), certified by the Ohio Department of Mental Health and Addiction Services, and supported by ADAMH Board of Franklin County, Delaware–Morrow Mental Health & Recovery Services Board, special contracts, and private donations.



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