

## SAME DAY ACCESS FOR SCHOOL STAFF



## SUPPORT FOR ALL SCHOOL STAFF IN DELAWARE & MORROW COUNTIES

Program overview: Through a grant from the Delaware-Morrow Mental Health and Recovery Services Board, Syntero is offering 4-6 confidential, mental health counseling sessions free of charge for all school staff living or working in Delaware and Morrow County.

## Who is Eligible?

Educational Personnel: Teachers, Administrators, Support Staff, Substitutes, Bus Drivers, Custodians, Food Service Workers, Etc.

## How can it help?

Our goal is to assist in verbalizing and processing the impact this work is having on you as well as identifying and developing coping strategies and selfcare techniques to manage the stressors you may be experiencing.

Schedule an appointment today! Contact us at 614-889-5722 ext.133

Confidential sessions can be conducted via telehealth or in person based on individual preference. Appointments are available outside of school hours, Monday-Friday. Mention that you are interested in participating in the "Same Day Access for School Staff" program.

